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atch Words of Cheer

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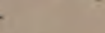
FROM THE BOOKS
IN THE HOMESTEAD OF

Sarah Orne Jewett

AT SOUTH BERWICK, MAINE



BEQUEATHED BY

Theodore Jewett Eastman

A.B. 1901 - M.D. 1905

1931

CATCH WORDS OF CHEER

HELPFUL THOUGHTS
SERIES

THREE VOLUMES

I

HELPFUL THOUGHTS

II

RIGHT READING

III

CATCH WORDS OF CHEER

CATCH WORDS OF CHEER

COMPILED BY

SARA A. HUBBARD

MAN DOES NOT LIVE BY BREAD
ALONE BUT ALSO BY CATCH WORDS
ROBERT LOUIS STEVENSON

SECOND EDITION

CHICAGO
A. C. McCLURG & COMPANY
MDCCCCIII

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THE BEQUEST OF
THEODORE JEWETT EASTMAN
1931

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"IF INSTEAD OF A GEM OR EVEN A FLOWER, WE COULD CAST THE GIFT OF A RICH THOUGHT INTO THE HEART OF A FRIEND, THAT WOULD BE GIVING AS THE ANGELS GIVE."

THE YEAR

Be of good cheer.

JESUS.

Power dwells with cheerfulness.

EMERSON.

THE MONTH OF JANUARY

If you 're waking call me early, call me early, mother dear,
For I would see the sun rise upon the glad New Year.

TENNYSON.

JANUARY

FIRST

God 's in his heaven—
All 's right with the world!

BROWNING.

SECOND

Write it on your heart that every day is the best day of the year.

EMERSON.

THIRD

Hope and keep busy.

ABIGAIL MAY ALCOTT.

JANUARY

FOURTH

Be not afraid of life. Believe that life is worth living, and your belief will help create the fact.

WILLIAM JAMES.

FIFTH

The one eternal lesson for us all is how better we can love.

HENRY DRUMMOND.

SIXTH

"Don't worry about your work. Do what you can, let the rest go, and smile all the time."

JANUARY

SEVENTH

A thankful spirit turns all that touches it into happiness.

WILLIAM LAW.

(EIGHTH)

Brother, thou hast possibility in thee for much: the possibility of writing on the eternal skies the record of a heroic life.

CARLYLE.

NINTH

Let us never doubt. Everything which ought to happen will happen.

HARRIET BEECHER STOWE.

JANUARY

TENTH

The entire object of true education is to make people not only do the right things, but enjoy the right things.

RUSKIN.

ELEVENTH

Our first duty is to become healthy.

HAVELOCK ELLIS.

TWELFTH

No one is living aright unless he so lives that whoever meets him goes away more confident and joyous for the contact.

LILIAN WHITING.

JANUARY

THIRTEENTH

The only way to have a friend is to be one.

EMERSON.

FOURTEENTH

To maintain oneself on this earth is not a hardship but a pastime, if one will live simply and wisely.

THOREAU.

FIFTEENTH

"Advantages are obligations."

JANUARY

SIXTEENTH

This life of mine
Must be lived out and a grave thoroughly
earned, ...
So on I drive—enjoying all I can,
And knowing all I can.

BROWNING.

SEVENTEENTH

"The best worship is stout working."

EIGHTEENTH

The wealth of a man is the number of things he loves and blesses, which he is loved and blessed by.

CARLYLE.

JANUARY

NINETEENTH

"Never despair! Lost hope is a fatal disease."

TWENTIETH

To give pleasure to a single heart by a single kind act is better than a thousand head-bowings in prayer.

SAADI.

TWENTY-FIRST

Where a man can live, there he can live well.

MARCUS AURELIUS.

JANUARY

TWENTY-SECOND

If we do our duty in the present state we have no occasion to worry over our salvation in the future state.

JOHN C. LEARNED.

TWENTY-THIRD

"To have what we want is riches, but to do without is power."

TWENTY-FOURTH

Behold, I do not give lectures or a little charity;
When I give, I give myself.

WALT WHITMAN.

JANUARY

TWENTY-FIFTH

Happiness is a great love and much serving.

OLIVE SCHREINER.

TWENTY-SIXTH

Seen in their true relations, there is no experience of life over which we have a right to worry.

ANNA ROBERTSON BROWN.

TWENTY-SEVENTH

Love is life. The unloving merely breathe.

CHRISTOPHER NORTH.

JANUARY

TWENTY-EIGHTH

Every man should keep a fair-sized cemetery in which to bury the faults of his friends.

HENRY WARD BEECHER.

TWENTY-NINTH

Give pleasure. Lose no chance of giving pleasure.

HENRY DRUMMOND.

THIRTIETH

All things come to him who waits—and labors while he waits.

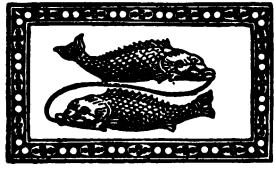
ROBERT A. CAMPBELL.

JANUARY

THIRTY-FIRST

"That which is exceptional and distinctive in human nature is not its vice but its excellence."

THE MONTH OF FEBRUARY



The night is mother of the day,
The winter of the spring,
And ever upon old decay
The greenest mosses spring.

WHITTIER.

FEBRUARY

FIRST

There never was a right endeavor but it succeeded.

EMERSON.

SECOND

If the Athenians desire good citizens let them put whatever is beautiful into the ears of their sons.

DELPHIC ORACLE.

THIRD

If you have knowledge let others light their candles by it.

THOMAS FULLER.

FEBRUARY

FOURTH

What do we live for if not to make the world less difficult for each other?

GEORGE ELIOT.

FIFTH

The soul would have no rainbow
Had the eyes no tears.

JOHN VANCE CHENEY.

SIXTH

If we could read the secret history of our enemies, we should find in each man's life sorrow and suffering enough to disarm all hostility.

LONGFELLOW.

FEBRUARY

SEVENTH

Life's prizes are not gifts: they must be won.

CHARLES M. SKINNER.

EIGHTH

A man should be ashamed to take his food if he has not alchemy enough in his stomach to turn it into intense and enjoyable occupation.

R. L. STEVENSON.

NINTH

Not what you do, but how you do it, is the test of your capacity.

J. M. STUDLEY.

FEBRUARY

TENTH

Hasten slowly, and without losing heart, put your work twenty times on the anvil.

BOILEAU.

ELEVENTH

This world 's no blot for us,
Nor blank; it means intensely, and means good.

BROWNING.

TWELFTH

Such help as we can give each other in this world is a debt we owe each other.

RUSKIN.

FEBRUARY

THIRTEENTH

My treasures are my friends.

CONSTANTIUS.

FOURTEENTH

The great thing in this world is not so much where we stand as in what direction we are going.

O. W. HOLMES.

FIFTEENTH

I have always told you that not having enough sunshine is what ails the world.

LYDIA MARIA CHILD.

FEBRUARY

SIXTEENTH

Amidst all the mysteries by which we are surrounded, nothing is more certain than that we are in the presence of an Infinite and Eternal Energy from which all things proceed.

HERBERT SPENCER.

SEVENTEENTH

Daily matters are the very highest.

AUERBACH.

EIGHTEENTH

It is not enough to be industrious; so are the ants. What are you industrious about?

THOREAU.

FEBRUARY

NINETEENTH

Be true, if you would be believed.

CARLYLE.

TWENTIETH

To-morrow you have no business with. You steal if you touch to-morrow. It is God's. Every day has in it enough to keep any man occupied without concerning himself with the things beyond.

HENRY WARD BEECHER.

TWENTY-FIRST

Cultivate health instead of treating disease.

RUSKIN.

FEBRUARY

TWENTY-SECOND

If religion has done nothing for your temper, it has done nothing for your soul.

CLAYTON.

TWENTY-THIRD

"The value of a thing is the peace of mind it gives you."

TWENTY-FOURTH

When the hour of trouble comes to the mind or the body, and when the hour of death comes, that comes to high and low, then it is na what we hae dune for oursells, but what we hae dune for others, that we think on maist pleasantly.

WALTER SCOTT.

FEBRUARY

TWENTY-FIFTH

If I have made an appointment with you, I owe you punctuality.

RICHARD CECIL.

TWENTY-SIXTH

Mind is the partial side of men; the heart is everything.

COMTE DE RIVAROL.

TWENTY-SEVENTH

A cheerful intelligent face is the end of culture and success enough.

EMERSON.

FEBRUARY

TWENTY-EIGHTH

Honesty is not only "the first step toward greatness";—it is greatness itself.

C. C. BOVEE.

TWENTY-NINTH

Work is given to men not only . . . because the world needs it, but because the workman needs it. . . . Work makes men.

HENRY DRUMMOND.

THE MONTH OF MARCH

"I feel the earth move sunward;
I join the great march onward,
And take with joy while living,
My freehold of thanksgiving."

MARCH

FIRST

Out of the lowest depth there is a path to the loftiest height.

CARLYLE.

SECOND

Take what Heaven or Circumstance has sent
And bend it to the making of a man.

JAMES H. WEST.

THIRD

"In every soul is deposited the germ of a great future."

MARCH

FOURTH

In this world it is not what we take up, but what we give up, that makes us rich.

HENRY WARD BEECHER.

FIFTH

What we see depends mainly on what we look for.

JOHN LUBBOCK.

SIXTH

We all make mistakes, and it takes many experiences to shape a life. Try again and let us help you.

LOUISA ALCOTT.

MARCH

SEVENTH

"Sleep and rest abundantly. Sleep is Nature's benediction."

EIGHTH

Do you ask to be the companion of nobles? Make yourself noble, and you shall be.

RUSKIN.

NINTH

"Man never saw a duty beyond his strength."

MARCH

TENTH

"What helped you over the great obstacles of life?" was asked a successful man. "The other obstacles," he replied.

ELEVENTH

Take what is; trust what may be:
That 's life's true lesson.

BROWNING.

TWELFTH

If it be my lot to crawl, I will crawl contentedly; if to fly, I will fly with alacrity; but, as long as I can avoid it, I will never be unhappy.

SYDNEY SMITH.

MARCH

THIRTEENTH

The essential thing is not knowledge, but character.

JOSEPH LECONTE.

FOURTEENTH

Thou Primal Love, who grantest wings
And voices to the woodland birds,
Grant me the power of saying things
Too simple and too sweet for words.

COVENTRY PATMORE.

FIFTEENTH

"He best worships God who best serves men."

MARCH

SIXTEENTH

I do not say that humanity is on the road to the heights; I believe it in spite of all.

GEORGE SAND.

SEVENTEENTH

Cleave to the simplest ever.

THOREAU.

EIGHTEENTH

BE NOBLE! and the nobleness that lies
In other men, sleeping, but never dead,
Will rise in majesty to meet thine own.

LOWELL.

MARCH

NINETEENTH

All suppression of selfishness makes the moment great.

LYDIA MARIA CHILD.

TWENTIETH

He who knows what secrets and virtues are in the ground, the waters, the plants, the heavens, and how to come at these enchantments,—is the rich and royal man.

EMERSON.

TWENTY-FIRST

We suffer most from the ills that never happen.

GASCON PROVERB.

MARCH

TWENTY-SECOND

The whole significance of our being is that we are made imperfect, and are called upon to be perfect.

WILLIAM M. SALTER.

TWENTY-THIRD

True Christianity is the brotherhood of men.

TOLSTOI.

TWENTY-FOURTH

The effective men are still, as in the time of Homer, those who ever with a "frolic welcome" take the sunshine or the storm.

DAVID STARR JORDAN.

MARCH

TWENTY-FIFTH

Self-trust is the first secret of success.

EMERSON.

TWENTY-SIXTH

Every life lived should add to the sum total of the world's sweetness and light.

T. J. HOSMER.

TWENTY-SEVENTH

"Self-made, or never made."

MARCH

TWENTY-EIGHTH

"I will" is a projectile that hits the mark; a power that moves mountains.

HENRY WOOD.

TWENTY-NINTH

If you want immortality, make it. If you want your soul saved, make it worth saving.

JOAQUIN MILLER.

THIRTIETH

Happiness consists not in having much, but in wanting no more than you have.

LYDIA MARIA CHILD.

MARCH

THIRTY-FIRST

Every noble life leaves the fibre of it interwoven into the fabric of the world.

RUSKIN.

THE MONTH OF APRIL

When proud-pied April, dressed in all his trim,
Hath put a spirit of youth in everything.

SHAKESPEARE.

APRIL

FIRST

The indigent world could be clothed out of the trimmings of the vain.

GOLDSMITH.

SECOND

You cannot dream yourself into a character. You must hammer and forge yourself one.

FROUDE.

THIRD

I call that man idle who might be better employed.

SOCRATES.

APRIL

FOURTH

If we were charged so much a head for sunsets, or if God sent round a drum before the hawthorns come into flower, what a work we should make about their beauty.

R. L. STEVENSON.

FIFTH

"To believe in men is the first step toward helping them."

SIXTH

The sweetest music is not in oratorios, but in the human voice when it speaks from its instant life tones of tenderness, truth, and courage.

EMERSON.

APRIL

SEVENTH

Friend, what you 'd get, first earn.

BROWNING.

EIGHTH

It is only those who do not know how to work that do not love it; to those who do, it is better than play — it is religion.

JENNIE JUNE.

NINTH

"Keep the light in your face."

APRIL

TENTH

Ten men have failed from defect in morals where one man has failed from defect in intellect.

HORACE MANN.

ELEVENTH

"Our pursuits are our prayers."

TWELFTH

Be sure no man was ever discontented with the world who did his duty in it.

SOUTHEY.

APRIL

THIRTEENTH

Anxiety is the poison of human life.

D. BLAIR.

FOURTEENTH

No person will have occasion to complain of the want of time who never loses any.

THOMAS JEFFERSON.

FIFTEENTH

They can, because they believe they can.

VIRGIL.

APRIL

SIXTEENTH

"Of all diversions for an anguished and sorrow-laden soul there is none comparable to a bit of honest work."

SEVENTEENTH

Never fear, and never cry.

BENJAMIN JOWETT.

EIGHTEENTH

"You can't buy a home. A man buys a house—but only a woman can make it a home. A house is a body, a home is a soul."

APRIL

NINETEENTH

You keep young as long as you keep giving out.

W. M. HUNT.

TWENTIETH

Suffer if you must. . . . Only try, if you are to suffer, to do it splendidly. That 's the only way to take up a pleasure or a pain.

PHILLIPS BROOKS.

TWENTY-FIRST

Why does any one put on black for the guests of God?

RUSKIN.

APRIL

TWENTY-SECOND

In each and all lie the opportunities of an archangel; as the majestic oak lies enfolded in the acorn.

LYDIA MARIA CHILD.

TWENTY-THIRD

I used to hold by the instructed brain —
The heart leads surelier.

BROWNING.

TWENTY-FOURTH

There is no beautifier of complexion, or form, or behavior, like the wish to scatter joy and not pain around us.

APRIL

TWENTY-FIFTH

There is a true church wherever one hand meets another helpfully.

RUSKIN.

TWENTY-SIXTH

Make your failure tragical by the earnestness of your endeavor, and then it will not differ from success.

THOREAU.

TWENTY-SEVENTH

Optimism is of God.

HENRY WOOD.

APRIL

TWENTY-EIGHTH

It 's going on and up that 's the fun of studying: not arriving at the place. Arriving is the end.

W. M. HUNT.

TWENTY-NINTH

All that happens to us is divinely great.

MAETERLINCK.

THIRTIETH

"Noble souls know no resentments."

THE MONTH OF MAY

Let us fill urns with rose-leaves in our May
And hive their thrifty sweetness for December.

E. BULWER LYTTON.

MAY

FIRST

"Our Ideals are our Possibilities."

SECOND

"Associate with healthy people. Health is contagious as well as disease."

THIRD

Whoever quarrels with his fate, does not understand it.

BETTINE.

MAY

FOURTH

The only man who never makes a mistake is the man who never does anything.

THEODORE ROOSEVELT.

FIFTH

What comes from the heart goes to the heart.

COLERIDGE.

SIXTH

When any calamity is suffered, the first thing to be remembered is, how much has been escaped.

SAMUEL JOHNSON.

MAY

SEVENTH

Set your shoulder joyously to the world's wheel.

HAVELOCK ELLIS.

EIGHTH

The essentials of an elegant comfort are not difficult to procure. It is only vanity that is insatiable in consuming.

CARLYLE.

NINTH

The very flowers that bend and meet
In sweetening others grow more sweet.

O. W. HOLMES.

MAY

TENTH

Know your own world first—not denying any other, but being sure that the place in which you are now put is the place with which you are now concerned.

RUSKIN.

ELEVENTH

Ease is the way to disease.

ANDREW CLARK.

TWELFTH

You can help your fellow-men. You must help your fellow-men. But the only way you can help them is by being the noblest and the best man that it is possible for you to be.

PHILLIPS BROOKS.

MAY

THIRTEENTH

Do not bark against the bad, but chant the beauty of the good.

EMERSON.

FOURTEENTH

"Don't waste life in doubts and fears; spend yourself on the work before you. . . . The right performance of this hour's duties will be the best preparation for the hours and ages that follow."

FIFTEENTH

We cannot all live in palaces; but we can all live in the kingdom of God.

LILIAN WHITING.

MAY

SIXTEENTH

We are ruined, not by what we really want, but by what we think we do.

C. C. COLTON.

SEVENTEENTH

To think success brings success.

PRENTICE MULFORD.

EIGHTEENTH

Desire joy and thank God for it.
Renounce it, if need be, for others' sake.
That 's joy beyond joy.

BROWNING.

MAY

NINETEENTH

The man of pleasure . . . does not know what pleasure means.

MINOT J. SAVAGE.

TWENTIETH

The happiest heart that ever beat,
  Was in some quiet breast
That found the common daylight sweet,
  And left to heaven the rest.

JOHN VANCE CHENEY.

TWENTY-FIRST

A loving heart is the beginning of all knowledge.

CARLYLE.

MAY

TWENTY-SECOND

Our sensitiveness makes half our poverty; our fears,—anxieties for ills that never happen,—the greater part of the other half.

C. C. BOVEE.

TWENTY-THIRD

To love and win is the best thing; to love and lose the next best.

THACKERAY.

TWENTY-FOURTH

The habit of looking on the best side of every event is worth more than a thousand pounds a year.

SAMUEL JOHNSON.

MAY

TWENTY-FIFTH

Some defeats are only instalments of victory.

JACOB A. RIIS.

TWENTY-SIXTH

The sovereign source of melancholy is repletion. Need and struggle are what excite and inspire us.

WILLIAM JAMES.

TWENTY-SEVENTH

Religion is not a creed but a life.

MINOT J. SAVAGE.

MAY

TWENTY-EIGHTH

To know what you prefer, instead of saying Amen to what the world tells you you ought to prefer, is to have kept your soul alive.

R. L. STEVENSON.

TWENTY-NINTH

I repeat, money is not wealth.

LYDIA MARIA CHILD.

THIRTIETH

"Make one person happy each day and in forty years you have made 14,600 human beings happy for a little time at least."

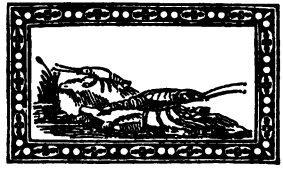
MAY

THIRTY-FIRST

The difference between one boy and another lies not so much in talent as in energy.

THOMAS ARNOLD.

THE MONTH OF JUNE



And what is so rare as a day in June?
Then, if ever, come perfect days.

LOWELL.

JUNE

FIRST

No gain
That I experience must remain
Unshared.

BROWNING.

SECOND

I lean my hand against the day
To feel its bland caressing;
I will not let it pass away
Before it leaves its blessing.

WHITTIER.

THIRD

The reward is *in* keeping the commandments, not *for* keeping them.

LYDIA MARIA CHILD.

JUNE

FOURTH

"Fear not to-morrows,
Child of the King.
Leave them to Jesus,
Doe the next thynge."

FIFTH

A single grateful thought toward heaven is the most perfect prayer.

LESSING.

SIXTH

They who bring sunshine to the hearts of others cannot keep it from themselves.

J. M. BARRIE.

JUNE

SEVENTH

Not failure, but low aim is crime.

LOWELL.

EIGHTH

The secret of eternal life and happiness is to be ever pushing forward toward the new, or "forgetting the things which are behind, and pressing forward to those which are before."

PRENTICE MULFORD.

NINTH

Drudgery is the gray Angel of Success.

W. C. GANNETT.

JUNE

TENTH

Laughing cheerfulness throws the light of day on all around.

RICHTER.

ELEVENTH

You can never lead unless you lift.

EDWARD EVERETT HALE.

TWELFTH

If I cannot do great things, I can do small things in a great way.

JAMES FREEMAN CLARKE.

JUNE

THIRTEENTH

Goodness that does not grow is not goodness at all.

W. W. FENN.

FOURTEENTH

He is rich or poor according to what he is, not according to what he has.

HENRY WARD BEECHER.

FIFTEENTH

They who love are but one step from heaven.

LOWELL.

JUNE

SIXTEENTH

"We read too many books, see too many people, talk too much."

SEVENTEENTH

Life is not a holiday but an education.

HENRY DRUMMOND.

EIGHTEENTH

He who has the truth in his heart need never fear the want of persuasion on his tongue.

RUSKIN.

JUNE

NINETEENTH

Character is higher than intellect.

EMERSON.

TWENTIETH

God . . . meant
I should ever be, as I am, content,
And glad in His sight, therefore glad
I will be.

BROWNING.

TWENTY-FIRST

It is the spoken love that feeds.

W. C. GANNETT.

JUNE

TWENTY-SECOND

To owe an obligation to a worthy friend is a happiness.

R. DE CHARRON.

TWENTY-THIRD

"Wealth should give choice of work, not exemption."

TWENTY-FOURTH

Do not forget that even as "to work is to worship," so to be cheery is to worship also; and to be happy is the first step to being pious.

R. L. STEVENSON.

JUNE

TWENTY-FIFTH

"Let us try and find out what it is 'to give ourselves.'"

TWENTY-SIXTH

A woman who creates and sustains a home, and under whose hands children grow up to be strong and pure men and women, is a creator second only to God.

HELEN HUNT.

TWENTY-SEVENTH

"This is the beginning of all gospels, that the kingdom of heaven is at hand just where we are."

JUNE

TWENTY-EIGHTH

No man was ever known to get a cent's worth without paying in some form or other the cent.

EMERSON.

TWENTY-NINTH

"Praise is the best diet for us after all."

THIRTIETH

He who can appreciate merit has the germ of it in his own soul.

GOETHE.

THE MONTH OF JULY

A happy soul, that all the way
To heaven hath a summer's day.

RICHARD CRASHAW.

JULY

FIRST

Men are what their mothers made them.

EMERSON.

SECOND

We mount to heaven mostly on the ruin of our cherished schemes, finding our failures were our successes.

A. BRONSON ALCOTT.

THIRD

There is no real life but cheerful life.

ADDISON.

JULY

FOURTH

My country is the world; my countrymen are all mankind.

WILLIAM LLOYD GARRISON.

FIFTH

Love is the most effectual prayer.

DUGNET.

SIXTH

To make some nook of God's creation a little fruitfuller . . . to make some human heart a little wiser, manfuller, happier . . . It is work for a God.

CARLYLE.

JULY

SEVENTH

Anxiety is a form of cowardice embittering our lot.

WILLIAM ELLERY CHANNING.

EIGHTH

The most obvious lesson of the gospel is, that there is no happiness in having and getting, only in giving.

HENRY DRUMMOND.

NINTH

I love a hand that meets mine own
With grasp of some sensation.

MRS. F. S. OSGOOD.

JULY

TENTH

Some of your griefs you have cured,
And the sharpest you still have survived,
But what torments of pain you endured
From evils that never arrived.

FROM THE FRENCH.

ELEVENTH

Who conquereth all within, may dare the world outside.

W. W. STORY.

TWELFTH

I do not know of any way so sure of making others happy as of being so myself, to begin with.

ARTHUR HELPS.

JULY

THIRTEENTH

A word warm from the heart enriches me.

EMERSON.

FOURTEENTH

"Were life earnest, and true to the instincts, it would be music and song."

FIFTEENTH

Wisely and slow; they stumble that run fast.

SHAKESPEARE.

JULY

SIXTEENTH

No one is useless in this world who lightens the burden of it for any one else.

DICKENS.

SEVENTEENTH

"Our daily life should be sanctified by doing common things in a religious way."

EIGHTEENTH

His face was a thanksgiving for his past life, and a love-letter to all mankind.

RICHTER.

JULY

NINETEENTH

"Simplicity and sunshine will heal most ills."

TWENTIETH

Any brave man may make out a life which shall be happy for himself, and by so doing, beneficent to those about him.

R. L. STEVENSON.

TWENTY-FIRST

No life is successful until it is radiant.

LILIAN WHITING.

JULY

TWENTY-SECOND

"If you want much of a small income, always ask yourself these two questions: Do I really want it? Can I do without it? These two questions honestly answered will double your income."

TWENTY-THIRD

"Enjoy the *littles* of every day."

TWENTY-FOURTH

I am much disposed the longer I live, to set less value upon mere cleverness, and to think that the power of endurance, with persistence, is the most valuable of all.

HUXLEY.

JULY

TWENTY-FIFTH

Everything is interesting if only you make a study of it.

W. M. HUNT.

TWENTY-SIXTH

On the whole, we make too much of faults. . . . Faults? The greatest of faults, I should say, is to have none.

CARLYLE.

TWENTY-SEVENTH

The aim, if reached or not, makes great the life.

BROWNING.

JULY

TWENTY-EIGHTH

To make yourself humble with the unfortunate, to weep with the poor, to venerate what is good . . . to live on very little, to give away nearly all . . . that is the religion I shall proclaim in some little corner of my own.

GEORGE SAND.

TWENTY-NINTH

It is not enough to love others; we must let them know that we love them.

J. R. MILLER.

THIRTIETH

Expect men and women to be generous and noble and they will be generous and noble.

JAMES FREEMAN CLARKE.

JULY

THIRTY-FIRST

The thought "I am poor and thou art rich" ought never to enter to interrupt the flowing of human souls toward each other.

LYDIA MARIA CHILD.

THE MONTH OF AUGUST

"To him in vain the envious seasons roll,
Who bears eternal summer in his soul."

AUGUST

FIRST

Living is growing . . . growing is out-growing.

BISHOP J. L. SPALDING.

SECOND

There is not any benefit so glorious in itself but it may be exceedingly sweetened and improved by the manner of giving it.

SENECA.

THIRD

Falsehood is the essence of all sin.

CARLYLE.

AUGUST

FOURTH

"Every to-morrow has two handles. We can take hold of it by the handle of anxiety or the handle of faith."

FIFTH

All great actions have been simple.

ABRAHAM LINCOLN.

SIXTH

Give us to awake with smiles, give us to labor smiling. . . . As the sun lightens the world, so let our loving kindness make bright this house of our habitation.

R. L. STEVENSON.

AUGUST

SEVENTH

There is no age to the spirit that lives in high sentiments.

WILLIAM M. SALTER.

EIGHTH

The man who would be truly happy should not study to enlarge his estate, but to contract his desires.

PLATO.

NINTH

He is the best physician who is the most ingenious inspirer of hope.

COLERIDGE.

AUGUST

TENTH

If it is a small sacrifice to discontinue the use of wine, do it for the sake of others; if it is a great sacrifice, do it for your own.

SAMUEL J. MAY.

ELEVENTH

To believe in the heroic makes heroes.

DISRAELI.

TWELFTH

Straight from the Mighty Bow this truth is driven;
They fail, and they alone, who have not striven.

CLARENCE URMY.

AUGUST

THIRTEENTH

He who is firm in will molds the world to himself.

GOETHE.

FOURTEENTH

Life without labor is guilt; labor without art is brutality.

RUSKIN.

FIFTEENTH

The aids to noble life are all within.

MATTHEW ARNOLD.

AUGUST

SIXTEENTH

The highest compact we can make with our fellow is: . . . Let there be truth between us two forevermore.

EMERSON.

SEVENTEENTH

For a man to have an ideal in this world, for a man to know what an ideal is, this also is to have lived.

GERALD STANLEY LEE.

EIGHTEENTH

The real importances of our existence are the nothingnesses of every-day life.

BEATRICE HARRADEN.

AUGUST

NINETEENTH

Praise loudly: blame softly.

CATHERINE II.

TWENTIETH

This is the best day the world has ever seen. To-morrow will be better.

R. A. CAMPBELL.

TWENTY-FIRST

The ornament of a house is the friends that frequent it.

EMERSON.

AUGUST

TWENTY-SECOND

We say we exchange words when we meet. What we exchange is souls.

MINOT J. SAVAGE.

TWENTY-THIRD

The virtue lies in the struggle, not in the prize.

HOUGHTON.

TWENTY-FOURTH

"Any one can carry his burden, however heavy, till nightfall. Any one can do his work, however hard, for one day. Any one can live sweetly, lovingly, purely, till the sun goes down. And this is all that life really means."

AUGUST

TWENTY-FIFTH

A man is never so noble as when he is reverent.

CARLYLE.

TWENTY-SIXTH

Childhood itself is scarcely more lovely than a cheerful, kind, sunshiny old age.

LYDIA MARIA CHILD.

TWENTY-SEVENTH

All who joy would win
Must share it, — Happiness was born a twin.

BYRON.

AUGUST

TWENTY-EIGHTH

To do anything in this world worth doing, we must not stand back shivering and thinking of the cold and danger, but jump in and scramble through as best we can.

SYDNEY SMITH.

TWENTY-NINTH

He that can have patience can have what he will.

LOWELL.

THIRTIETH

If I were you, I would not worry. Just make up your mind to do better when you get another chance, and be content with that.

BEATRICE HARRADEN.

AUGUST

THIRTY-FIRST

Mind your own business with your absolute heart and soul; but see that it is a good business first.

RUSKIN.

THE MONTH OF SEPTEMBER

In months of sun so live that months of rain shall still be happy.

FROM THE "MAHABHARATA."

SEPTEMBER

FIRST

Wealth is not his that has it, but his that enjoys it.

FRANKLIN.

SECOND

Do the duty which lies nearest thee. . . . Thy second duty will already have become clearer.

CARLYLE.

THIRD

Those who can command themselves command others.

HAZLITT.

SEPTEMBER

FOURTH

If there is any person to whom you feel a dislike, that is the person of whom you ought never to speak.

RICHARD CECIL.

FIFTH

It is not work that kills men; it is worry.

HENRY WARD BEECHER.

SIXTH

He is alone a man who can resist the genius of the age, the tone of fashion, with rigorous simplicity and modest courage.

J. C. LAVATER.

SEPTEMBER

SEVENTH

True love never nags; it trusts.

ANNA ROBERTSON BROWN.

EIGHTH

It should be the highest end of education to give a man that culture which shall make him to enjoy the beauty of the world.

RUSKIN.

NINTH

We are all richer than we think we are.

MONTAIGNE.

SEPTEMBER

TENTH

What a wedge, what a beetle, what a catapult is an earnest man. What can resist him?

THOREAU.

ELEVENTH

A laugh is worth a hundred groans in any market.

CHARLES LAMB.

TWELFTH

Fight when you are down; die hard, — determine at least so to do, — and you won't die at all.

JAMES H. WEST.

SEPTEMBER

THIRTEENTH

"More depends on the will power than on the brain power."

FOURTEENTH

The man who has lived longest is not the man who has counted most years, but he who has enjoyed life most.

ROUSSEAU.

FIFTEENTH

The chief mission of all words . . . that they should be of comfort.

RUSKIN.

SEPTEMBER

SIXTEENTH

Two-thirds of all that makes it "beautiful to be alive" consists in cup-offerings of water.

W. C. GANNETT.

SEVENTEENTH

To rejoice in the prosperity of another is to partake of it.

WILLIAM AUSTIN.

EIGHTEENTH

I never knew an early-rising, hard-working, prudent man, careful of his earnings, and strictly honest, who complained of bad luck.

ADDISON.

SEPTEMBER

NINETEENTH

"The path of progress for each individual soul lies along the pathway of hope."

TWENTIETH

The lover of nature has retained the spirit of infancy into the era of manhood. . . . In the presence of nature a wild delight runs through the man, in spite of real sorrow.

EMERSON.

TWENTY-FIRST

They are the true disciples of Christ, not who know most, but who love most.

SPANHEIM.

SEPTEMBER

TWENTY-SECOND

The world delights in sunny people. . . . The old are hungering for love more than for bread. The air of joy is very cheap; and if you can help the poor on with a garment of praise, it will be better for them than blankets.

HENRY DRUMMOND.

TWENTY-THIRD

The great soul of the world is just.

CARLYLE.

TWENTY-FOURTH

The theory of work is to be lavish of personal experience, to put a great deal of oneself into the thing which we undertake, whatever we do.

D. W. J. TUCKER.

SEPTEMBER

TWENTY-FIFTH

He is happiest, be he king or peasant, who finds peace in his own home.

GOETHE.

TWENTY-SIXTH

There is distinction between good and bad work, not between brain-work and hand-work.

HIRAM GOLD, THE SHOEMAKER.

TWENTY-SEVENTH

To a consecrated man or woman money is no object.

THOMAS K. BEECHER.

SEPTEMBER

TWENTY-EIGHTH

A happy man or woman is a better thing to find than a five pound note . . . they practically demonstrate the Theorem of the Livableness of Life.

R. L. STEVENSON.

TWENTY-NINTH

Manners rest on the two fundamentals of human intercourse—Truth and Sympathy.

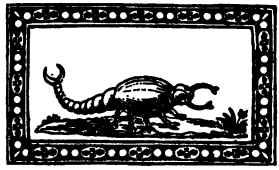
EDWARD CARPENTER.

THIRTIETH

Lift up thy brow, . . .
And with a great heart heave away this storm.

SHAKESPEARE.

THE MONTH OF OCTOBER



A haze on the far horizon,
An infinite, tender sky,
And ripe, rich tints in the cornfield,
And wild geese sailing high,
And all over upland and lowland
The charm of the goldenrod,—
Some of us call it autumn;
But others call it God.

WM. HERBERT CARRUTH.

OCTOBER

FIRST

A man's fortunes are the fruit of his character.

EMERSON.

SECOND

Whatever the weather be, love, admire, delight in it, and vow that you would not change it for the atmosphere of a dream.

CHRISTOPHER NORTH.

THIRD

A handful of good life is worth a bushel of learning.

GEORGE HERBERT.

OCTOBER

FOURTH

It is aspiration that counts, not realization; pursuit, not achievement; quest, not conquest.

BEATRICE HARRADEN.

FIFTH

It is an everlasting duty . . . the duty of being brave.

CARLYLE.

SIXTH

Believe in the better side of men. . . . It is optimism that really saves people.

IAN MACLAREN.

OCTOBER

SEVENTH

To understand everything, is to forgive everything.

GAUTAMA.

EIGHTH

"I shall pass through this world but once. Any good thing therefore that I can do, or any kindness that I can show to any human being, let me do it now . . . for I shall not pass this way again."

NINTH

To enter Heaven a man must take it with him.

HENRY DRUMMOND.

OCTOBER

TENTH

More and more I feel that every sort of salvation we do attain to in this life must be worked out by ourselves.

LYDIA MARIA CHILD.

ELEVENTH

Be so kind as to be just.

THOREAU.

TWELFTH

Content I live; this is my stay—
I seek no more than may suffice.

. . . . . .

Look, what I lack my mind supplies.

WILLIAM BYRD.

OCTOBER

THIRTEENTH

"When the outlook is not good, try the uplook."

FOURTEENTH

The only preparation for the life after death, is to live nobly the life before death.

LILIAN WHITING.

FIFTEENTH

Heaven in sunshine will requite the kind.

BYRON.

OCTOBER

SIXTEENTH

Finish every day and be done with it. . . . You have done what you could; some blunders and absurdities crept in; forget them as soon as you can. To-morrow is a new day; you shall begin it well and serenely and with too high a spirit to be encumbered with your old nonsense.

EMERSON.

SEVENTEENTH

The kingdom of heaven is not a place, but a state of mind.

JOHN BURROUGHS.

EIGHTEENTH

We have . . . only to trust, and do our best, and wear as smiling a face as may be for ourselves and others.

R. L. STEVENSON.

OCTOBER

NINETEENTH

Turn the sunny side of things to human eyes.

MARY HOWITT.

TWENTIETH

There is as much danger of our being selfish in our sorrows and losses, as in our pleasures and gains.

MINOT J. SAVAGE.

TWENTY-FIRST

You are right there; "the gay frippery" drags us down.

AUERBACH.

OCTOBER

TWENTY-SECOND

Politeness is like an air cushion; there 's nothing in it, but it eases the joints wonderfully.

W. C. GANNETT.

TWENTY-THIRD

Our life is what our thoughts make it.

MARCUS AURELIUS.

TWENTY-FOURTH

Let a man contend to the uttermost
For his life's set prize, be it what it will.

BROWNING.

OCTOBER

TWENTY-FIFTH

The heart has eyes the brain knows nothing of.

CHARLES PARKHURST.

TWENTY-SIXTH

An aspiration is a joy forever, a possession as solid as a landed estate.

R. L. STEVENSON.

TWENTY-SEVENTH

Antagonism invites antagonism.

HORACE FLETCHER.

OCTOBER

TWENTY-EIGHTH

Oh, there is no man, no woman, so small that they cannot make their life great by high endeavor.

CARLYLE.

TWENTY-NINTH

It is the people who know how to rest, who do continuous good work.

BEATRICE HARRADEN.

THIRTIETH

Wise men regret as little as they can. . . . The only real blasphemy . . . may be that pessimistic temper of the soul which lets it give way to such things as regrets, remorse, and grief.

WILLIAM JAMES.

OCTOBER

THIRTY-FIRST

If I can stop one heart from breaking,
I shall not live in vain;
If I can ease one life the aching,
Or cool one pain,
Or help one fainting robin
Into his nest again,
I shall not live in vain.

EMILY DICKINSON.

THE MONTH OF NOVEMBER

"Who said November's face was grim?
Who said her voice was harsh and sad?
. . . . . .
Black November sows the seeds of May."

NOVEMBER

FIRST

People who lead busy lives never find time to have hysterics.

J. M. STUDLEY.

SECOND

If a man were to place himself in an attitude to bear manfully the greatest evil that could be inflicted on him, he would suddenly find that there was no evil to bear.

THOREAU.

THIRD

There is always work,
And tools to work withal, for those who will.

LOWELL.

NOVEMBER

FOURTH

RESOLVE!
To keep my health!
To do my work!
To live!
To see to it I grow and gain and give!

CHARLOTTE PERKINS STETSON.

FIFTH

"Happiness like virtue is acquired by practice."

SIXTH

Our greatest glory consists not in never falling, but in rising every time we fall.

GOLDSMITH.

NOVEMBER

SEVENTH

Heaven is Well-Doing.

SARA A. HUBBARD.

EIGHTH

If you would have a faithful servant, and one that you like, serve yourself.

FRANKLIN.

NINTH

We learn to know nothing but the thing we love.

GOETHE.

NOVEMBER

TENTH

Hold up your head! You were not made for failure, you were made for victory: go forward with a joyful confidence in that result sooner or later, and the sooner or later depends mainly on yourself.

ANNE GILCHRIST.

ELEVENTH

Mutual brotherhood means mutual service.

LYMAN ABBOTT.

TWELFTH

O Lord, that lends me life,
Lend me a heart replete with thankfulness!

SHAKESPEARE.

NOVEMBER

THIRTEENTH

Economy is of itself a great revenue.

CICERO.

FOURTEENTH

We are not to carry others' burdens that they can carry as well as ourselves.

D. G. MEARS.

FIFTEENTH

"I wish, I can, I will—these are the three trumpet notes to victory."

NOVEMBER

SIXTEENTH

The only way to speak the truth is to speak lovingly. Only the lover's words are heard.

THOREAU.

SEVENTEENTH

The sweetest pleasure is in imparting it.

EMERSON.

EIGHTEENTH

Out of suffering have emerged the strongest souls; the most massive characters are seamed with scars.

E. H. CHAPIN.

NOVEMBER

NINETEENTH

We fall to rise; are baffled to fight better.

BROWNING.

TWENTIETH

No run on my bank can drain it, for my wealth is not possession but enjoyment.

THOREAU.

TWENTY-FIRST

To think a thing to be noble and endurable is to make it so.

MARCUS AURELIUS.

NOVEMBER

TWENTY-SECOND

Two things will never happen to me,—the thing that is too much for me and the thing that is not best for me.

ANNA ROBERTSON BROWN.

TWENTY-THIRD

"Enthusiasm is the life of the soul."

TWENTY-FOURTH

Have the courage to appear poor, and you disarm poverty of its sharpest sting.

MRS. JAMESON.

NOVEMBER

TWENTY-FIFTH

Every man rejoices twice when he has a partner of his joy.

JEREMY TAYLOR.

TWENTY-SIXTH

With malice toward none, with charity for all, with firmness in the right as God gives us to see the right, let us strive on.

ABRAHAM LINCOLN.

TWENTY-SEVENTH

Either I will find a way or make one.

WORDSWORTH.

NOVEMBER

TWENTY-EIGHTH

Not how much talent have I, but how much will to use the talent that I have, is the main question.

W. C. GANNETT.

TWENTY-NINTH

The best hearts, Trim, are ever the bravest.

LAURENCE STERNE.

THIRTIETH

Ask of God to give thee skill
In comfort's art,
That thou mayst consecrated be
And set apart
Unto a life of sympathy;
For heavy is the weight of ill
In every heart;
And comforters are needed much
Of Christ-like touch.

A. E. HAMILTON.

THE MONTH OF DECEMBER

The trumpet of a prophecy! O wind,
If winter comes, can spring be far behind?

SHELLEY.

DECEMBER

FIRST

Do your own work in your own way.

W. M. HUNT.

SECOND

To be everywhere and everything in sympathy, and yet content to remain where and what you are—is not this to know both wisdom and virtue and to dwell with happiness?

R. L. STEVENSON.

THIRD

When I was sick I did not discourse to my visitors about my diseases, or the torment I was troubled with.

EPICTETUS.

DECEMBER

FOURTH

If a man expects and believes great things of himself, it makes no odds where you put him.

THOREAU.

FIFTH

"The virtue of originality is not newness—it is only genuineness."

SIXTH

In course of time men and women will be ashamed to be ill. Especially will men and women . . . deem it a disgrace to have their children or grandchildren diseased or deformed.

JAMES H. WEST.

DECEMBER

SEVENTH

People do not lack strength; they lack will.

VICTOR HUGO.

EIGHTH

I should say sincerity, a deep, great, genuine sincerity, is the first characteristic of all men in any way heroic.

CARLYLE.

NINTH

The fine art of living is to draw from each person his best.

LILIAN WHITING.

DECEMBER

TENTH

Things go; but first they come. Fasten the mind on that. . . . We cannot lose, but that already we have had. . . . Therefore turn the mind from our losing to our having had.

JAMES VILA BLAKE.

ELEVENTH

Your work is one sort of prayer. It's good for nothing if it is n't.

W. M. HUNT.

TWELFTH

A man who dares waste an hour of time has not learned the value of life.

CHARLES DARWIN.

DECEMBER

THIRTEENTH

"Even if I faint by the wayside . . . it is something to be on the road that leads to the High Ideals."

FOURTEENTH

That which the best human nature is capable of is within the reach of human nature at large.

HERBERT SPENCER.

FIFTEENTH

It is a joy to think the best we can
Of humankind.

WORDSWORTH.

DECEMBER

SIXTEENTH

All who have meant good work with their whole hearts, have done good work, although they may die before they have time to sign it.

R. L. STEVENSON.

SEVENTEENTH

"Opportunity? A good strong man will make his own opportunity."

EIGHTEENTH

Live in a thankful spirit, and you will find more and more to be thankful for.

BROOKE HERFORD.

DECEMBER

NINETEENTH

"The more trouble, the more lion: that's my principle."

TWENTIETH

He only is advancing in life, whose heart is getting softer, whose blood warmer, whose brain quicker, whose spirit is entering the living Peace.

RUSKIN.

TWENTY-FIRST

"Wearing marks of age and sorrow
As the midnight wears its stars."

DECEMBER

TWENTY-SECOND

That is what I shall think of: that God will give each of us another chance, and that each one of us will take it and do better — I and you and every one.

BEATRICE HARRADEN.

TWENTY-THIRD

For the will and not the gift makes the giver.

LESSING.

TWENTY-FOURTH

He gives nothing but worthless gold
Who gives from a sense of duty.

LOWELL.

DECEMBER

TWENTY-FIFTH

"Not to be ministered unto, but to minister, is the secret of Christmas Day; the secret of all joy, peace, growth, and power."

TWENTY-SIXTH

We shall be equal at the last,
Be classed according to life's natural ranks,
Fathers, sons, brothers, friends, not rich, nor wise,
nor gifted.

BROWNING.

TWENTY-SEVENTH

"Filling more and more with crystal light,
As pensive evening deepens into night."

DECEMBER

TWENTY-EIGHTH

Time brings only one regret, — that we had not more joy in the things that were, more belief, more patience, more love, more knowledge of the way things work out, more willingness to help toward the final result.

JENNIE JUNE.

TWENTY-NINTH

Death comes not to the living soul,
Nor age to the loving heart.

PHŒBE CARY.

THIRTIETH

Birth and death are the vesper and the matin bells, that summon mankind to sleep, and to rise refreshed for new advancement.

CARLYLE.

DECEMBER

THIRTY-FIRST

Immortality will come to such as are fit for it.

EMERSON.

Where we write "Ended," Angels write "Begun."

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